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WHAT IS CLAIMED IS:

1. A programmable document, comprising:

a physical document including at least one sheet of material and information recorded thereon; and

a computer attached to the physical document, wherein the computer includes an input/output device, a processor and a memory storing the recorded information in digital form and metadata pertaining to the physical document.

- 2. The programmable document of claim 1, wherein the metadata comprises processing information, version information, user comments, copy information, transformation information, distribution information or index information.
- 3. The programmable document of claim 1, wherein the computer is attached to the physical document by an adhesive.
 - 4. The programmable document of claim 1, wherein the computer is attached to the physical document by a spiral binding.
- 5. The programmable document of claim 1, wherein the computer comprises an iButton.
 - 6. The programmable document of claim 1, wherein the computer has a machine readable label.

7. A knowledge management system comprising:

a programmable document comprising a physical document including at least one sheet of material for receiving information recorded thereon; and a computer attached to the physical document, wherein the computer includes an input/output device, a processor and a memory for storing information pertaining to the physical document;

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a recording device for recording information on a sheet of material;
a device for attaching a computer to a physical document; and
a reader for reading information from and writing information to the programmable document computer.

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- 8. The system of claim 7, wherein the programmable document computer comprises an iButton.
- 9. The system of claim 7, wherein the recording device is selected from the group consisting of printer, copier, scanner and multi-function device.
 - A method for managing information, comprising:
 recording information on at least one sheet of material to generate a physical document;

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storing a digital copy of the recorded information and metadata pertaining to the physical document in a computer, wherein the computer includes an input/output device, a processor and a memory;

associating the stored information with the physical document; attaching the computer to the physical document.

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11. The method of claim 10, further comprising: performing an activity pertaining to the physical document; and store a digital record of the performed activity in the computer.

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12. The method of claim 10, wherein the metadata comprises processing information, version information, user comments, copy information, transformation information, distribution information or index information.

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13. The method of claim 10, wherein the computer is attached to the physical document by an adhesive.

- 14. The method of claim 10, wherein the computer is attached to the physical document by a spiral binding.
- 5 15. The method of claim 11, wherein the activity is selected from the group consisting of copying, providing comments, scanning, referencing an earlier version of the information.